

LI-FT TATTOO REMOVAL PRE CARE

How you prepare for and care for your Li-FT® treatment will effect your results! You will be emailed a detailed explanation of your post care procedure before your appointment and your artist will also verbally explain it to you during your appointment.

Li-FT® is an all natural, safe yet powerful and effective hypertonic saline lightening solution that contains no chemicals and no acids. Li-FT® Saline Tattoo Lightening Solution is tattooed into the area of the unwanted permanent makeup, microblading or body tattoo procedure by using conventional tattoo methods. When Li-FT® is soaked into the skin, the natural effect of osmosis begins to take place. Li-FT® is a hypertonic solution, therefore it contains a higher amount of salt than the body contains...this enacts the process of osmosis which starts to move the pigment upward to the outer surface of the skin...then removed by the skins natural healing process. Multiple sessions are often required to achieve desired results. How many sessions depends on many factors which will be discussed on consultation.

Pre Care

- Inform us of any medicines or health issues asap
- Do not fake tan or use sun beds/sunbathe for 2 weeks prior to your appointment. If sun exposure isn't avoidable, factor 50 must be used and reapplied frequently on the area, we cannot treat sunburnt skin.
- Do not take Ibuprofen/Naproxen/Asprin/Blood thinners or consume alcohol for at least 48 hours prior to your appointment (do not discontinue any medications without consulting your doctor).
- Avoid excessive caffeine & exercise for 12 hours before.
- Do not smoke/vape 4 hours before, longer if possible.
- Do not use retin-A/AHA's/BHA's on the area for 7 days.
- Wear comfortable clothing that allows access to the treatment area.
- It is essential that you eat well & drink plenty of water prior to your appointment.
- Please ensure there are no products or makeup in the treatment area.
- If eyebrow or eyeliner removal, please don't tint the hairs for at least 2 weeks prior to your treatment as fresh tint stains the skin.
- For eyeliner removal: don't wear contacts, discontinue lash serums as soon as you have booked (minimum 6 weeks prior), don't wear eye makeup or false lashes to your appointment.
- For lip PMU removal: If you have EVER had a cold sores, please begin a course of antivirals - we recommend Aciclovir tablets. Please follow the instructions on the box but it is usually for 1 week k after your treatment.



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LI-FT TATTOO REMOVAL AFTERCARE

After your appointment

Please expect the following visual appearance and changes that the treatment area may go through:

- Very red, weeping & bleeding
- Darker than when you came in, can be swollen
- Flaking
- Tender, still red,
- Dry and itchy
- Prolonged redness of the skin

For the next 24h (3-4 × today & 1-2x tomorrow AM)

- Bathe the area in salt water. Use boiled or sterilised water and SEA SALT (not table salt). Use a 1:1 ratio and mix a a table spoon of salt with a table spoon of water to create a thick, paste-like solution.
- Soak a cotton wool pad in the solution and gently press the pad onto the area. DO NOT scrub, just press, then rinse with plain sterile/cooled boiled water.

Day 3 and until any flaking has come away

Dry heal - don't put any products/creams/makeup on the area, and avoid getting them wet (including steam). In order for the removal process to work you need to have small flakes of peeling skin. This flakes off after a few days. If your flakes become firm, thick and very clumpy, use a small amount of vitamin A&D cream on the area. Apply 3-4x a day with clean fingers in a circular, patting motion using only tiny amount of cream. Do this until you notice the scabs soften and return back to being a small amount of peeling.

Do's and Don'ts

- Don't get the area wet for 10 days in the bath or shower etc.
- No swimming/sauna/steam room/tanning either in the sun or sunbeds for 10 days. Any UV exposure after this the area must be covered with factor 50 repeatedly.
- Do not pick the flakes! This can affect your results and give yourself scarring.
- Don't apply moisturiser or makeup anywhere near the area or above for 10 days in case it seeps into the area. Once the flaking has stopped you can apply loose powder to the area until your next session if for example the area is still red or the desired result hasn't been achieved yet.
- Don't sleep on the treatment area for at least 10 days.
- Do not wax, tint, laminate etc the hairs in or around the area for 4 weeks or until the area is fully healed.
- Do not apply anything to the area except what is advised by your technician.



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